

Home/ Welcome Page:

**Welcome to Your Idaho Caregiver of Medically Fragile Children Resource Hub,
Sponsored by the Wildflower Intuitive Center.**

Caring for a medically fragile or complex child is a journey filled with both challenges and triumphs. Our mission is to provide you with the tools and resources you need to navigate this path with confidence and support.

Whether you're seeking medical assistance, community programs, emotional support, or simply a connection to others who understand, this website is here to help find resources for you.

What You'll Find Here:

[Where to Start: Caregiver Navigation Resources](#)

From figuring out what paperwork to fill out, to who to call first, these resources can help you understand your next steps and connect you to family navigators, services, education, and tools.

[You're Not Alone: Support Groups, Individual Counseling & Other Emotional Support](#)

Whether you need someone to talk to, a support group that gets it, or a safe place to vent or ask questions, this is where you can find emotional and peer support for caregivers like you.

[Financial Help & Insurance Support](#)

Learn about medical coverage and organizations that offer financial support for medications, supplies, travel, and more.

[Medical Equipment & Assistive Technology](#)

These resources cover durable medical equipment, assistive technology, home modifications, and service animals.

[Find Community: Events & Activities](#)

Explore community activities, adaptive recreation, inclusive holiday events, and ways to connect with other families.

[Joy & Adventure: Camps, Sports, Recreation, & Theme Parks](#)

Find camps, adaptive sports programs, inclusive playgrounds, and ultra-accessible theme parks.

[Support for Siblings](#)

These sites offer education, resources, support groups and fun ways to help siblings feel seen, supported, and loved.

[Early Childhood Development & Education Support](#)

Connect with Idaho's early intervention services, developmental therapists, and programs that support milestones that take place according to your child's personal timeline.

[School Resources & IEP Formation](#)

This section offers tips, templates, and contacts to help you understand special education services, 504 plans, and how to build a strong IEP team.

[Condition Specific Resources](#)

Find condition-specific resources, support organizations, and educational tools to help you understand the medical and emotional aspects of your child's diagnosis.

[Medical Care, Therapies, & Local Programs](#)

Learn how to find specialists, clinics, pediatric home health, and medical programs available across Idaho.

[Getting There: Transportation Help](#)

Whether it's help getting to appointments or long-distance travel to a specialty hospital, this section shares programs that assist with transportation.

[Your Rights: Advocacy & Legal Support](#)

Resources for legal help, disability rights, guardianship, education advocacy, and understanding state and federal policy protections.

[Reading List](#)

A list of recommended books

[Tips & Guidelines for Caregivers](#)

Browse caregiver tips and guidelines to support your journey.

[End-of-Life & Hospice Care](#)

If you are here, know you are not alone. This section offers resources for palliative care, grief and bereavement support, memory-making, and compassionate end-of-life resources.

Caregiver Navigation Resources

- **2-1-1 Idaho Careline** is a free, statewide community information and referral service, and is a program of the Idaho Department of Health and Welfare. Our comprehensive database includes programs that offer free or low-cost health and human services or social services. Simply dial 2-1-1 or 800-926-2588 or text 898211 to be connected to a 2-1-1 community resource specialist Monday – Friday, 8 a.m. – 6 p.m. MST. Search online for available resources <https://211-idaho.communityos.org/>

Tags: Idaho resources, community services, health and human services, free support, information and referral, basic needs, state programs, crisis support, social services

- **Caregiver Action Network** is a family caregiver organization working to improve the quality of life for Americans who care for loved ones with chronic conditions, disabilities, diseases, and old age. CAN is a nonprofit organization providing education, peer support, and resources to family caregivers <https://www.caregiveraction.org/>

Tags: family caregivers, chronic illness, disability support, peer support, caregiver education, national resource, caregiver advocacy, disease-specific care, elder care

- **Family Caregiver Navigator** allows for caregivers to connect with a navigator that will identify their biggest stress factors and build a care plan based on the priorities of the caregiver <https://caregivernavigator.org/>

Tags: caregiver support, care plan, caregiver stress, individualized support, family resources, Idaho caregiver, respite planning, navigation services

- **Idaho Caregiver Alliance** is a coalition of individuals and organizations that are focused on expanding opportunities for respite as well as other caregiver supports across the lifespan of loved ones with disabilities <https://idahocaregiveralliance.com/>

Tags: Idaho caregivers, respite services, caregiver community, lifespan care, family support, disability resources, advocacy, respite, coalition

- **Powerful Tools for Caregivers** provides classes that give caregivers the skills to take care of themselves while caring for someone else <https://www.powerfultoolsforcaregivers.org/>

Tags: caregiver education, self-care, caregiver classes, mental health, stress management, support for caregivers, coping strategies, national program

- **LEARN (Lifelong Education & Aging Resource Network) Idaho** is a non-profit organization that was formed to provide free education for the caregiver community by the caregiver community that cover areas of health, wealth, lifestyle, caregiving, technology, and elder abuse awareness <https://learnidaho.org/>

Tags: caregiver education, Idaho aging services, elder abuse awareness, financial literacy, caregiver wellness, health and caregiving, technology education, caregiver lifestyle

- **Idaho Parents Unlimited (IPUL)** offers training, webinars, and resources for parents of children with disabilities and special needs. They provide individual assistance to families, advocate for Idaho families impacted by disability, listen, and provide support <https://ipulidaho.org/>

Tags: Idaho parents, special needs, disabilities, parent training, family advocacy, education resources, individual assistance, IDEA support, IEP help

- **Power Independent Living** is a campaign that is devoted to ending Idaho's direct care worker crisis. They advocate for more support of direct care as a sustainable career choice. They also have resources to find direct care, caregiver training, and family caregiver support <https://www.powerindependentliving.org/resources>

Tags: direct care workforce, caregiver advocacy, disability services, caregiver resources, Idaho workforce, personal care support, caregiver training, family caregiver support

- **Rays for Rare** supports medically fragile children and their families. They offer advocacy, support, education, and services throughout their difficult time <https://www.raysforrare.org/>

Tags: Idaho, medically fragile children, rare diseases, family support, advocacy, education, nonprofit, care navigation, child health, disability services

- **Living Independence Network Corporation (LINC)** provides independent living services for people with disabilities. They provide the tools, resources, and supports for integrating people with disabilities fully into their communities to promote equal opportunities, self-determination, and respect <https://www.lincidaho.org/>

Tags: Idaho, independent living, disability rights, community integration, assistive services, self-determination, equal access, peer support

- **Center for Parent Information and Resources** provides access to information and products that are created for the network of Parent Centers serving families of children with disabilities <https://www.parentcenterhub.org/#>

Tags: national, disabilities, parent education, family resources, IDEA, special education, early intervention, parent centers, training materials

- **Fyidaho** is a program that is committed to improving, preserving, and restoring the mental health of youth and families (formerly known as Idaho Federation of Families for Children's Mental Health) <https://www.fyidaho.org/>

Tags: Idaho, youth mental health, family support, behavioral health, parent advocacy, peer support, children's mental health, counseling resources

Support Groups & Emotional Support

- **Wildflower Intuitive Center** combines clinical therapy and various holistic methods of relaxation, for parents moving through the stress of caring for a medically fragile child and offers multiple services including caregiver group support and individual therapy <https://www.wildflowerintuitivecenter.com/>

Tags: Idaho, caregiver mental health, therapy, holistic care, caregiver stress, trauma healing, group support, individual therapy, mindfulness, resilience building

- **2-1-1 Idaho Careline** is a free, statewide community information and referral service, and is a program of the Idaho Department of Health and Welfare. Our comprehensive database includes programs that offer free or low-cost health and human services or social services. Simply dial 2-1-1 or 800-926-2588 or text 898211 to be connected to a 2-1-1 community resource specialist Monday – Friday, 8 a.m. – 6 p.m. MST. Search online for available resources <https://211-idaho.communityos.org/>

Tags: Idaho, community resources, social services, referral service, low-income support, basic needs, statewide, public health, information line

- **Brain Injury Alliance of Idaho** provides services such as advocacy, education, and support groups for individuals who have had a brain injury and their families <https://biaid.org/services/support-groups/>

Tags: Idaho, brain injury, support groups, advocacy, neurorehabilitation, education, traumatic brain injury (TBI), family support

- **Caregiver Action Network** is a family caregiver organization working to improve the quality of life for Americans who care for loved ones with chronic conditions, disabilities, diseases, and old age. CAN is a nonprofit organization providing education, peer support, and resources to family caregivers <https://www.caregiveraction.org/>

Tags: national, family caregivers, chronic illness, disability care, elder care, peer support, education, advocacy, caregiver wellness

- **Carrying To Term** is an organization dedicated to providing non-directive information on pregnancy continuation for prenatal diagnoses of life-limiting conditions. We equip healthcare providers with knowledge and tools to communicate carrying to term as an option to their patients and empower women and families to make fully informed choices as they navigate this deeply personal journey <https://carryingtoterm.org/>

Tags: prenatal diagnosis, life-limiting conditions, pregnancy support, perinatal palliative care, informed choice, grief support, medical ethics, provider education

- **Courageous Hearts of Idaho** is the only pediatric heart disease support group in Idaho. We're open to parents of children with heart disease, adults with congenital heart disease, extended families, caregivers, nurses—anyone who loves someone with a courageous heart <https://www.stlukesonline.org/communities-and-locations/support-groups/courageous-hearts-of-idaho-st-lukes-childrens>

Tags: Idaho, pediatric heart disease, congenital heart defects, family support, support group, children's health, parent support, cardiology

- **Disability Action Center Northwest (DAC-NW)** helps individuals and families struggling with disability related issues and problems. You can choose one-on-one peer counseling or, for some issues, mentoring in a comfortable group setting. Increase your interpersonal skills and DAC can help provide guidance while you retain control and responsibility for the process <https://dacnw.org/services/peer-advocacy-counseling/>

Tags: Idaho, disability services, peer counseling, mentorship, independent living, advocacy, self-advocacy, disability empowerment, group support

- **Fyidaho** is a program that is committed to improving, preserving, and restoring the mental health of youth and families (formerly known as Idaho Federation of Families for Children's Mental Health) <https://www.fyidaho.org/>

Tags: Idaho, youth mental health, family mental health, behavioral health, peer support, caregiver support, parent education, community wellness

- **Idaho Caregivers Unite** is an online Facebook group of caregivers who strive to support each other in the struggles that can come with caring for a loved one <https://www.facebook.com/groups/368322090449952>

Tags: Idaho, online community, family caregivers, peer support, emotional support, social media group, caregiver mental health, virtual support

- **National Family Voices** is an organization made up of families and friends of children and youth with special health care needs (CYSHCN) and disabilities. They connect a network of family organizations across the United States that provide support to families of CYSHCN <https://familyvoices.org/>

Tags: national, children with special health care needs (CYSHCN), disabilities, family advocacy, health policy, support networks, family-led organizations, community resources

- **Rays for Rare** supports for medically fragile children through advocacy, support, and education for the child and their care provider. Supports available include family events, housekeeping, meal service, support groups and more <https://www.raysforrare.org/>

Tags: Idaho, medically fragile children, rare disease, family support, advocacy, home services, caregiver support, disability community

- **Saint Alphonsus Perinatal/Pediatric Advanced Care Team (PACT)** is a team of specialists from various backgrounds who are dedicated in helping families navigate unexpected birth outcomes or caring for medically fragile children. They aim to address the physical, emotional, psychosocial, and spiritual needs of families <https://www.saintalphonsus.org/services/pact>

Tags: Idaho, perinatal care, pediatric palliative care, medically fragile children, interdisciplinary team, family-centered care, psychosocial support, bereavement, spiritual care

- **Sibling Support Project** is a national program that is dedicated to the life-long and ever-changing concerns of millions of siblings of people with special developmental, health, and mental health needs. Services include lively events for school-age siblings, online communities, publications, and workshops, and trainings <https://siblingsupport.org/major-initiatives/>

Tags: national, siblings of children with disabilities, mental health, peer support, workshops, publications, youth programming, emotional support, family dynamics

- **Tiny Superheroes** is a program that provides custom superhero capes to children with disabilities or medical conditions. The program's goal is to help

children feel strong and proud, and to change how people view disability. They also have an online community that serves as a place for families to come together to share their journeys, challenges, and triumphs <https://tinysuperheroes.com/>

Tags: national, children with disabilities, medical conditions, empowerment, adaptive wear, self-esteem, community building, family stories, disability inclusion

Financial Help & Insurance Support

- **ABLE Program** allows for qualified individuals with disabilities to save up money in a savings account while not impacting their SSI and/or SSDI benefits. Individuals that qualify include individuals with significant disabilities with an age of onset before turning 26 years of age

- Guide to the ABLE Program: <https://www.lincidaho.org/able-accounts>
- Programs open to Idaho Residents: <https://silc.idaho.gov/able-accounts/>
- Choose a Program: <https://www.ablenrc.org/select-a-state-program/>

Tags: ABLE accounts, disability savings, SSI/SSDI, financial planning, Medicaid benefits, age of onset disability, Idaho ABLE

- **Find Help Idaho** is a tool that was created to help families locate financial assistance, food pantries, medical care, and other free or reduced-cost help <https://www.findhelpidaho.org/>

Tags: Idaho resources, financial help, food pantries, rent assistance, community support

- **Idaho Empowering Parents Grant Program** provides eligible families with grant funds for use towards eligible education services and devices to help students recover from learning loss <https://empoweringparents.idaho.gov/>

Tags: Idaho education grant, learning loss recovery, student support, education funding

- **Idaho Smiles – MCNADental** is the Medicaid dental plan for the entire state of Idaho. <https://www.mcnaid.net/members>

Tags: Idaho resources, Idaho benefits, dental insurance, child health coverage

- **Medicaid** is a federal program that provides health coverage for children who meet certain eligibility criteria.
 - **Apply for Medicaid** at <https://idalink.idaho.gov/>
 - You can also use this site to complete re-evaluation, view benefits, report a change, apply for food assistance, cash assistance, or child care assistance
 - **Idaho Medicaid Health Plan Booklet** is a guide that explains what Idaho Medicaid is, how to apply, and other important information

English: <https://publicdocuments.dhw.idaho.gov/WebLink/DocView.aspx?id=2080&dbid=0&repo=PUBLIC-DOCUMENTS>

Spanish: <https://publicdocuments.dhw.idaho.gov/WebLink/DocView.aspx?id=2081&dbid=0&repo=PUBLIC-DOCUMENTS>

Tags: Medicaid application, Idaho benefits, Medicaid guide, health insurance, child health coverage

- **Katie Beckett Program and the Developmental Disabilities Budget (“Redesign”)** is a pathway to Medicaid for children under the age of 19 living at home with long-term disabilities or complex medical needs, who may be eligible for Medicaid services even if their family income is above Medicaid federal poverty guidelines. Could your child benefit from Medicaid coverage, but your household has an income level that disqualifies you? Your child may be eligible for Katie Beckett based on their diagnosis.:

- Submit a regular Medicaid application even if you don’t qualify. Do this on paper, and write KATIE BECKETT, across the top. The Department of Health and Welfare will respond by sending you a Developmental Disabilities Application.
- Gather copies of all of your child’s diagnostic records (physical health, developmental health and mental health), complete the Developmental Disabilities Application and submit everything

together. This step moves faster if you scan and email the information, rather than mailing items

- Next apply for the Developmental Disabilities budget aka “Redesign Budget” through the Department of Health and Welfare. This will provide \$14,900 to \$30,000 or higher, which can be spent on adaptive equipment, nontraditional therapies (such as music therapy, aqua therapy or equine therapy), and other items not covered by Medicaid/Katie Beckett.
- More information on Katie Beckett program: <https://healthandwelfare.idaho.gov/services-programs/medicaid-health/about-katie-beckett-program>
- Apply for Katie Beckett: <https://healthandwelfare.idaho.gov/services-programs/medicaid-health/apply-katie-beckett>
- Manage Katie Beckett Medicaid: <https://healthandwelfare.idaho.gov/services-programs/medicaid-health/manage-my-katie-beckett-medicaid>

Tags: Medicaid waiver, complex medical needs, Idaho Medicaid, children with disabilities, Katie Beckett application

- **Patient Assistance Fund through the Jaden DeLuca Foundation** is designed to assist families with children that have been diagnosed with Congenital Heart Defects (CHD). Financial assistance may include, but is not limited to travel assistance related to CHD medical care, medical bills related to CHD and not covered by insurance, and CHD specialized equipment not covered by insurance <https://jaydendelucafoundation.org/patient-assistance-fund/>

Tags: congenital heart defects, CHD, financial help, medical travel, uncovered medical bills, CHD equipment

- **Self Rescue Manual – Ada County** is a guide to all community resources and supports in Ada County including clothing, counseling, education, medical, employment, financial assistance, food pantries, crisis hotlines, housing assistance, legal assistance, support groups, tax resources, and transportation English: <https://www.idadoptresources.org/wp-content/uploads/2021/06/Self-Rescue-Manual-Final.pdf>

Spanish: <https://www.idadoptresources.org/wp-content/uploads/2021/06/GOOD-ONE-Self-Rescue-Manual-SPANISH.pdf>

Tags: Idaho community resources, food pantries, housing help, transportation, crisis services, Ada County,

- **Self Rescue Manual – Canyon County** is a guide to all community resources and supports in Canyon County including clothing, counseling, education, medical, employment, financial assistance, food pantries, crisis hotlines, housing assistance, legal assistance, support groups, tax resources, and transportation <https://www.idadoptresources.org/wp-content/uploads/2021/06/Canyon-County-Self-Rescue-Manual-08.2020.pdf>

Tags: Idaho community resources, food pantries, housing help, transportation, crisis services, Canyon County,

Medical Equipment & Assistive Technology

- **Beds by George** is a company that builds beautiful safety beds for special needs children, youth, adults, as well as handicapped, disabled and medically fragile individuals who need extra fall and entrapment protection while in bed. <https://bedsbygeorge.com/>

Tags: special needs safety beds, beds for medically fragile children, disability-friendly beds, fall prevention beds, entrapment protection beds, special needs furniture, adaptive sleeping solutions, pediatric safety beds, handicap accessible beds, custom safety beds, secure beds for disabled individuals, therapeutic beds for children, durable medical equipment, special needs bedroom safety

- **Disability Action Center (DAC) Durable Medical Exchange** is a program that helps people with temporary or permanent disabilities secure durable medical equipment free of charge. DAC helps people find manual wheel chairs, power chairs/scooters, bath benches/seats, commodes, lift recliners, tablets or laptop computers, and smart phones/iPods, ramps, support bars, transfer boards, canes, crutches, and walkers <https://dacnw.org/medical-equipment-exchange/>

Tags: medical equipment, mobility aids, free equipment, durable medical equipment

- **Hands of Hope Northwest** restores hope, health, and mobility by collecting donated medical equipment and supplies and redistributing them to people in need locally and globally. Based in Nampa, Idaho, they help hundreds of people get back on their feet every year after surgery or an injury, and give mobility and dignity to the elderly and disabled who need help to move around their homes. <https://handsofopenw.org/>

Tags: medical equipment donation, mobility aid assistance, durable medical equipment, free medical supplies, Idaho nonprofit, medical aid, post-surgery recovery support, disability equipment assistance, medical equipment reuse, humanitarian aid Idaho, home mobility solutions

- **Huckleberry Hiking Strollers** are tandem hiking carts that were created to make all hiking trails more accessible <https://huckleberryhiking.com/>

Tags: hiking accessibility, outdoor inclusion, adaptive hiking, tandem hiking cart

- **Idaho Assistive Technology Project (IATP)** The *Idaho Assistive Technology Project* provides support for individuals with disabilities and older persons in their personal selection of assistive technology as they live, work, and play in their communities. Services include lending devices for short-term trial or use, information & assistance about assistive technology/devices, consultations, training and technical assistance, device demonstrations, statewide assistive technology exchange, and financial loans and referrals. <https://idahoat.org/>

Tags: assistive technology, device lending, AT loans, adaptive equipment, Idaho AT

- **Idaho Talking Book Service (TBS)** is a free, convenient audiobook library service for Idahoans who are unable to read standard print due to low vision, blindness, or a physical, perceptual, or reading disability. The service is completely free for users, who receive titles by downloading them and/or having the materials (on cartridges) mailed directly to and from their residence at no cost <https://idahotalkingbooks.org/>

Tags: assistive technology, device lending, AT loans, adaptive equipment, library, books

- **Jazzy Passport Wheelchairs** is a compact power chair that has plenty of storage and folds in just a few steps to make airport check-in effortless. Folded, its dimensions are a compact 31" x 23.5" x 16". It weighs just about 60 pounds depending on battery size. <https://access2mobility.com/product/jazzy-passport/?srsltid=AfmBOoo18CbKrv17ml7B6fdocMHw1BnRY5M89myr4OCAS9ab9hWUwBcU>

Tags: travel wheelchair, compact mobility, folding wheelchair

- **Lateral Rotation Mattresses** give comfort to patients who are bed-bound for extended periods of time by automatically turning the patient side to side at selected intervals <https://www.bluechipmedical.com/the-difference-between-a-lateral-rotation-mattress-and-an-alternating-pressure-mattress/>

Tags: bed-bound care, pressure relief, automatic turning mattress

- **Numotion** offers extensive mobility solutions, including a series of wheelchairs that can be configured to meet a patient's individual needs, comfort, and health <https://www.numotion.com/>

Tags: wheelchairs, custom mobility, seating solutions, power wheelchairs

- **Obi (Adaptive Eating Device)** is a revolutionary adaptive eating device that allows users to be in control of what they eat and when using customizable accessibility switches <https://meetobi.com/>

Tags: adaptive device, eating independence, switch-access feeding device

- **Open Sesame Door Systems** is an automatic door opening/closing system that can be controlled using various input methods including touch, voice, eye gaze, head tracking, and sip and puff that allows individuals with disabilities to open doors without assistance <https://accessibilityservices.com/open-sesame/>

Tags: automatic doors, accessible entry, smart door openers, disability access

- **Norco Medical** offers an extensive line of home medical supplies to support a wide variety of needs from oxygen and sleep therapy, to mobility, breast pumps plus much more. They provide patients with the equipment necessary to maintain health, independence, comfort, safety and freedom. <https://www.norcomedical.com/>

Tags: home medical supplies, oxygen therapy, sleep therapy, mobility aids, durable medical equipment, home health equipment, patient independence, medical safety tools, respiratory support, CPAP machines, medical equipment rental, home healthcare support, assistive devices

- **Paws 4 Abilities** is a non-profit organization that breeds, raises, trains, and places service dogs with children and veterans who have disabilities <https://www.4pawsforability.org/>

Tags: service dogs, disability support, children with disabilities, veteran service animals

- **Squatty Potty** helps to promote a more natural squatting position while using the toilet, which can improve bowel movements by straightening the rectum and making it easier to fully empty the bowels. This posture also reduces strain during bowel movements, potentially easing discomfort and preventing issues like hemorrhoids. <https://www.squattypotty.com/>

Tags: digestive health, toilet posture, squatting stool, bowel movement aid, constipation relief, rectal alignment, colon health, ergonomic bathroom tool, bathroom accessibility aid, GI health support

- **Wheelchairs 4 Kids** is dedicated to improving the lives of children with physical disabilities by providing wheelchairs, home and vehicle modifications, as well as

other assistive equipment at no charge to the families through their Let's Roll Program <https://wheelchairs4kids.org/>

Tags: free wheelchairs, home modifications, disability support for kids

- **Wheel to Walk Foundation** is a non-profit organization that helps children with disabilities, 20 years and younger, obtain medical equipment or services not provided by insurance. <https://wheeltowalk.com/>

Tags: medical equipment grants, pediatric disability support, insurance gap help

- **Whitmyer** creates premium, technologically advanced, fully adjustable wheelchair head support systems that are known for their exceptional comfort and fit <https://www.sunrisemedical.com/seating-positioning/whitmyer/head-positioning>

Tags: wheelchair headrests, adjustable head support, seating positioning

Find Community: Events & Activities

- **All Abilities Carnival** is hosted by [My Places Community Events](#) in Boise, Idaho. It is an annual event that has games, prizes, bounce houses, pictures, food trucks, social spaces, stage performances, vendors, exhibitors, and information booths for disability support and advocacy for all ages and abilities <https://myplacesce.org/myplaces-events/>

Tags: inclusive events, Boise disability events, adaptive carnival, accessible games, family-friendly, bounce houses, disability advocacy, Idaho community events

- **Bluepath** is website that allows for people with disabilities to determine the accessibility of local businesses. Bluepath also connects local consumers and their families with local businesses who want to work together towards a more accessible world by providing tools needed to identify barriers to accessing a business and their goods and services <https://blue-path.org/>

Tags: accessibility guide, accessible businesses, disability inclusion, barrier-free access, consumer tools, community accessibility, local Idaho resources, ADA compliance

- **Dream Factory** is the largest all-volunteer driven children's wish-granting organization that does not limit its mission to children who have life-threatening illness. The organization believes children with chronic illnesses and disorders also suffer from substantial emotional and physical pain <https://www.dreamfactoryinc.org/>

Tags: wish-granting, chronic illness, children's dreams, emotional support, all-volunteer nonprofit, pediatric disability support, quality of life improvement

- **Fiona's Hope** is a nonprofit organization formed to address the comfort needs of families of hospitalized children during prolonged or unexpected hospital stays. Fiona's Hope does this by spreading hope through the little comforts of home with Fiona's Hope Totes, remembering heaven's newest angels through Fiona's Hope Memorials, and providing support by connecting with families through personal experience <http://www.fionashope.org/>

Tags: hospital support, comfort totes, family care, grief support, pediatric hospitalization, memorial support, nonprofit family aid

- **Living Independence Network Corporation (LINC)** provides independent living services for people with disabilities. They provide the tools, resources, and supports for integrating people with disabilities fully into their communities to promote equal opportunities, self-determination, and respect <https://www.lincidaho.org/>

Tags: independent living, disability services Idaho, community integration, peer support, disability advocacy, accessibility tools, self-determination

- **My Places Community Events** is an organization based in Idaho that provides safe, adaptive, and inclusive events for people of all ages and abilities <https://myplacesce.org/>

Tags: adaptive events, inclusive community, all-ages disability support, Idaho nonprofit, safe social spaces, accessible recreation

- **Night To Shine** is a complimentary event for people with special needs hosted by local churches around the world. The event is open to anyone living with disabilities, ages 14 and older. Each event is unique to its location, but some cornerstone activities included across all of them are a red carpet entrance complete with a warm welcome from a friendly crowd and paparazzi, hair and makeup stations, shoeshines, limousine rides, karaoke, gifts, a catered dinner, a Sensory Room, a Respite Room for parents and caregivers, dancing, and a crowning ceremony where every guest is honored as a King or a Queen - the way God sees them each and every day. <https://timtebowfoundation.org/night-to-shine/>

Tags: prom for people with disabilities, special needs prom, inclusive prom, disability-friendly, sensory-friendly, respite care event, red carpet experience, adaptive prom, disability inclusion, community celebration, special needs support, faith-based

- **Rays for Rare** supports medically fragile children and their families. They offer advocacy, support, education, and services throughout their difficult time <https://www.raysforrare.org/>

Tags: rare disease support, medically fragile children, family advocacy, education and outreach, Idaho nonprofit, special needs support

- **Self Rescue Manual – Ada County** is a guide to all community resources and supports in Ada County including clothing, counseling, education, medical, employment, financial assistance, food pantries, crisis hotlines, housing assistance, legal assistance, support groups, tax resources, and transportation English: <https://www.idadoptresources.org/wp-content/uploads/2021/06/Self-Rescue-Manual-Final.pdf>

Tags: Ada County resources, Idaho community guide, emergency support, food pantries, crisis help, financial aid, local services, disability support

- **Self Rescue Manual – Canyon County** is a guide to all community resources and supports in Canyon County including clothing, counseling, education, medical, employment, financial assistance, food pantries, crisis hotlines, housing assistance, legal assistance, support groups, tax resources, and transportation <https://www.idadoptresources.org/wp-content/uploads/2021/06/Canyon-County-Self-Rescue-Manual-08.2020.pdf>

Spanish: <https://www.idadoptresources.org/wp-content/uploads/2021/06/GOOD-ONE-Self-Rescue-Manual-SPANISH.pdf>

Tags: Canyon County resources, Idaho support manual, Spanish translation, food and housing aid, counseling services, community assistance, bilingual resources

- **Tiny Superheroes** is a program that provides custom superhero capes to children with disabilities or medical conditions. The program's goal is to help children feel strong and proud, and to change how people view disability. They also have an online community that serves as a place for families to come together to share their journeys, challenges, and triumphs <https://tinysuperheroes.com/>

Tags: superhero capes, disability empowerment, medical conditions, child confidence, disability pride, online support community, peer family network

Joy & Adventure: Camps, Sports, Recreation, & Theme Parks

- **Advancing Adventures in Communicating (AAC) Camp** is a day camp specializing in increasing communication abilities and socialization skills in augmentative communication users through speech generating devices. Camp activities this year will include arts and crafts, swimming, special events, music, computer literacy, and drama! Campers must own a speech generating device and provide a video of themselves using their device before acceptance into AAC camp. Families are welcome during camp to observe and learn with their campers. Onsite dormitory living is available <https://idahoaaccamp.wixsite.com/isu-aac-camp>

Tags: augmentative communication, speech generating devices, communication camp, AAC, disability camp, Idaho State University, special needs camp, speech therapy

- **All Abilities Carnival** is hosted by [My Places Community Events](https://myplacesce.org/myplaces-events/) in Boise, Idaho. It is an annual event that has games, prizes, bounce houses, pictures, food trucks, social spaces, stage performances, vendors, exhibitors, and information booths for disability support and advocacy for all ages and abilities <https://myplacesce.org/myplaces-events/>

Tags: inclusive event, Boise events, disability resources, family-friendly, advocacy, all ages, games and activities, adaptive events

- **Awesome! Adaptive Wilderness Sports of McCall** is a year-round adaptive outdoor recreation program that offers a full range of adaptive sports instruction for individuals with a disability of all ages and abilities. Adaptive activities include skiing, snowboarding, snowshoeing, kayaking, canoeing, cycling, and day and overnight activity camps <https://sites.google.com/awesomemccall.org/home/home?authuser=0>

Tags: adaptive sports, outdoor recreation, skiing, kayaking, canoeing, cycling, disability activities, McCall Idaho, all ages

- **Boise Adaptive Snowsport Education (BASE)** facilitates winter sports opportunities for individuals with disabilities through professional ski and snowboard education in a safe environment which increases physical, social, and functional skills <https://baseidaho.org/>

Tags: adaptive skiing, adaptive snowboarding, winter sports, disability sports, Boise Idaho, physical activity, recreation

- **Boise Bombers Wheelchair Rugby** are a competitive wheelchair rugby team playing in the USWRA since 2012 <http://www.boisebombersquadrugby.com/>

Tags: wheelchair rugby, adaptive sports, Boise athletes, team sports, physical disability, competitive athletics

- **Camp Hope** is a unique, positive FREE camp experience for Idaho kids ages 10-16 living with epilepsy, offering the chance to build friendships, gain confidence, and have fun in a safe environment. Enjoy activities like archery, biking, crafts, a glow party, workshops, and more! <https://www.epilepsyidaho.org/epilepsy-summer-camp/>

Tags: epilepsy camp, free summer camp, youth with epilepsy, Idaho kids, inclusive camp, disability support

- **Camp Via West** provides exceptional programming and a wide variety of activities for campers with disabilities and differing needs. Camp Via West provides exceptional programming and a wide variety of activities on a stunning 13.5-acre campus in the Cupertino foothills, located less than 5 miles off highway 280. Our programs are supervised by attentive, energetic, and well-trained staff who help campers stretch their imaginations, learn new skills, enjoy wonderful outdoor experiences, and help make lifetime memories! <https://campviawest.org/>

Tags: disability camp, inclusive summer camp, adaptive recreation, special needs camping, accessible outdoor activities, special needs youth camp, special needs respite, inclusive adventure camp, adaptive youth programs

- **C.A.S.T. (Catch A Special Thrill) for Kids Foundation** enables children with special needs and their caretakers to come together with community volunteers for a fun day of fishing <https://castforkids.org/>

Tags: fishing events, special needs kids, family events, outdoor recreation, community support, adaptive activities

- **Challenged Athletes Foundation (CAF) Idaho** provides opportunities for people with permanent physical disabilities to get active and connect with an inclusive community. Through grants for adaptive sports equipment, coaching, and competition expenses as well as sports programming, CAF-Idaho is unleashing athletic potential and giving people with physical disabilities a way to get back into the game of life through sport <https://www.challengedathletes.org/caf-idaho/>

Tags: adaptive sports grants, inclusive athletics, physical disability, Idaho athletes, equipment support, competitive sports

- **City of Boise Adaptive Recreation Program** provides a wide range of recreational, social, and educational programs for youth and adults with disabilities. Individuals with disabilities can choose to participate with one of our adaptive recreation programs which are specifically designed for someone with a disability or utilize inclusion services in which modifications may be provided so that an individual with a disability can fully participate in any of Boise Parks and Recreation's programs <https://www.cityofboise.org/departments/parks-and-recreation/adaptive-recreation/>

Tags: adaptive recreation, inclusive activities, Boise Parks and Rec, youth and adults with disabilities, inclusion support, social programs

- **Courageous Kids Climbing** is a group of rock climbers based in McCall, Idaho that donate their time to teach children with special needs how to climb <https://www.facebook.com/CourageousKidsClimbing/>

Tags: adaptive climbing, McCall Idaho, rock climbing, children with special needs, volunteer-based program

- **Dream Factory** is the largest all-volunteer driven children's wish-granting organization that does not limit its mission to children who have life-threatening illness. The organization believes children with chronic illnesses and disorders also suffer from substantial emotional and physical pain <https://www.dreamfactoryinc.org/>

Tags: wish-granting, chronic illness, disability support, children's nonprofit, emotional wellness, dream fulfillment

- **Fearless Outdoorsman** is a program that provides hunting and fishing trips for children afflicted with life-threatening illnesses as well as veterans that have been affected by medical or emotional trauma <https://fearlessoutdoorsman.com/>

Tags: adaptive hunting, fishing trips, life-threatening illness, outdoor therapy, veterans with disabilities

- **Game Changers Idaho** is based in Boise, Idaho and offers multiple sporting opportunities for children with and without disabilities in the grades of K-12th grade <https://www.gamechangersidaho.com/>

Tags: inclusive sports, youth sports, Boise athletics, K-12 programs, children with disabilities, unified sports

- **Higher Ground Sun Valley** is based in Sun Valley, Idaho and combines outdoor recreation activities with therapeutic process to help all participants confront current struggles and develop skills to find success in daily life. Programs include adaptive sports such as skiing and cycling <https://www.highergroundusa.org/home>

Tags: adaptive skiing, therapeutic recreation, cycling, emotional health, outdoor therapy, Sun Valley Idaho

- **Idaho Adaptive Sports** aims to build character, foster resilience, and empower players to live life without limitations through sports and recreation. Programs include wheelchair basketball, sled hockey, and wheelchair tennis <https://idahoadaptivesports.org/>

Tags: wheelchair basketball, sled hockey, adaptive tennis, inclusive sports, youth empowerment, sports for disabilities

- **Idaho Challenger Little League** is an adaptive baseball program for individuals with physical and intellectual challenges accommodating players ages 4 to 18; or up to age 22 if still enrolled in school. The Senior League challenger Division accommodates players ages 15 and above (no maximum age) <https://www.idahochallengerlittleleague.com/>

Tags: adaptive baseball, inclusive youth sports, developmental disabilities, Idaho baseball, special needs sports

- **Idaho Disabled Archery** was created to bring people with disabilities together so that they can help and encourage each other through archery <https://www.facebook.com/IDArchery/>

Tags: adaptive archery, disability recreation, community support, peer mentorship, inclusive sports

- **Idaho Sled Hockey Association** educates, trains, motivates, and encourages individuals who have physical disabilities to participate in the sport of ice hockey in an environment that is adapted to the level of ability of the participating athletes <https://www.idahosledhockeyassociation.org/>

Tags: adaptive hockey, sled hockey, inclusive team sports, physical disability, ice sports, Idaho athletics

- **Idaho Wheelchair Tennis** is dedicated to the promotion of tennis among disabled adults and children. They strive to introduce competitive wheelchair tennis to local athletes, and to offer all members (with varying degrees of ability) opportunities to connect with other players, to challenge themselves, and to participate in our community in positive ways <https://playtennis.usta.com/idaho-wheelchair-tennis-association0>

Tags: wheelchair tennis, adaptive sports, competitive tennis, disability recreation, adult and youth players

- **Idaho Youth Adaptive Sports Camp** is offered to youth and teens age 6-19 who's primary disability is a physical disability that limits mobility. Young athletes with physical disabilities who use a wheelchair, AFO braces, walker or crutches are welcome to attend. During the camp we will play and learn a variety of adaptive sports and this is the perfect time for youth athletes with physical disabilities who use a wheelchair or could use a wheelchair to participate in sports! During the four days, we will play wheelchair basketball, wheelchair tennis, softball and try sports out such as handcycling, canoeing, fishing, and more! <https://www.cityofboise.org/departments/parks-and-recreation/adaptive-recreation/adventure-seeker-program/adaptivesportscamp/>

Tags: adaptive camp, wheelchair sports, mobility impairments, youth recreation, inclusive summer camp

- **Joni and Friends Family Retreats** focus on families navigating the challenges of disability. They strive to create a rich, Christ-centered environment at each Family Retreat that is safe and accepting for each member of the family <https://joniandfriends.org/family-retreat/>

Tags: Christian disability retreat, inclusive family support, spiritual support, family-centered, caregiving, disability
- **Merry Heart Children's Camp** provides a summer camp experience where youth with heart conditions from Oregon, Washington and Idaho are encouraged to make new friends, share experiences and participate in activities and sports to the best of their abilities. <https://www.merryheartchildrenscamp.org/>

Tags: heart conditions, inclusive summer camp, medical camp, supportive recreation, youth with heart disease
- **Morgan's Wonderland** is an ultra-accessible theme park that has been designed with individuals with special needs in mind located in San Antonio, Texas. Morgan's Wonderland offers 25 attractions, sprawled across a 25-acre oasis of inclusion. From a wheelchair-accessible Ferris wheel to catch-and-release fishing, there is something for everyone to enjoy! <https://morganswonderland.org/>

Tags: inclusive theme park, accessible amusement park, special needs travel, family-friendly, Texas
- **My Places Community Events** is an organization based in Idaho that provides safe, adaptive, and inclusive events for people of all ages and abilities <https://myplacesce.org/myplaces-events/>

Tags: inclusive events, adaptive recreation, Idaho events, disability-friendly, safe social spaces
- **National Federation of the Blind Braille Enrichment for Literacy and Learning (NFB BELL) Academy** is a nationwide summer program dedicated to empowering blind and low-vision children, helping them grow into confident,

independent individuals who can live the lives they envision. The NFB of Idaho is thrilled to host a program and invites your child to enhance their Braille and nonvisual skills alongside other blind youth and inspiring blind role models. <https://nfb.org/programs-services/education/nfb-bell-academy/idaho>

Tags: braille literacy, blind youth programs, low vision support, summer program, braille education, nonvisual skills training, low-vision youth, adaptive education, blindness empowerment, inclusive learning experiences

- **Northwest Association for Blind Athletes** is dedicated to improving the quality of life for children, youth, and adults through participation in sports and physical activity in communities across Washington, Oregon, Idaho, and Montana <https://nwaba.org/events/idaho/>

Tags: blind athletes, vision impairment, adaptive sports, multisport programs, inclusive physical activity

- **People Need People** is an Idaho organization that aims to make the outdoors more accessible for people with disabilities by hosting adaptive hikes for wheelchair users <https://peopleneedpeople.co/>

Tags: accessible hiking, outdoor inclusion, adaptive trails, wheelchair-friendly activities, Idaho nature access

Support for Siblings

- **Glass Child Syndrome:** This article explains glass child syndrome which is what an individual can experience when they have a sibling with special needs. The individual may get less attention from their parents and may feel overlooked. This article explains the phenomenon, symptoms, and solutions <https://health.clevelandclinic.org/glass-child>

Tags: glass child, sibling support, overlooked siblings, mental health, emotional wellness, special needs siblings, family dynamics, caregiver attention

- **Rays for Rare** supports medically fragile children and their families. They offer fun sibling activities, advocacy, support, education, and services <https://www.raysforrare.org/>

Tags: medically fragile children, sibling activities, rare disease advocacy, family support, education services, inclusive events, special needs siblings

- **Sibling Leadership Network** provides siblings of individuals with disabilities the information, support, and tools to advocate with their brothers and sisters and to promote the issues important to them and their entire families <https://siblingleadership.org/>

Tags: sibling advocacy, disability leadership, family support, lifelong support, sibling empowerment, disability rights, sibling education

- **Sibling Support Project** is a national program that is dedicated to the life-long and ever-changing concerns of millions of siblings of people with special developmental, health, and mental health needs. Services include lively events for school-age siblings, online communities, publications, and workshops, and trainings <https://siblingsupport.org/major-initiatives/>

Tags: sibling programs, peer support, Sibshops, special needs siblings, family mental health, online communities, sibling workshops

- **Siblings with a Mission** serves and supports siblings and families of individuals with complex health conditions and developmental disabilities <http://www.siblingswithamission.org/>

Tags: complex health conditions, developmental disabilities, sibling community, youth leadership, support network, family challenges

- **SibTeen** is Facebook group where teenage sibs of people with disabilities can connect with others who get it. It's a fun and thoughtful group where members share unique concerns, joys, frustrations, and information with others who truly understand! <https://www.facebook.com/groups/SibTeen/>

Tags: teenage siblings, peer support, online community, teen mental health, SibTeen, special needs family, connecting siblings

- **The Center for Siblings of People with Disabilities** helps siblings of people with disabilities feel seen, supported, and empowered -- with a focus on providing

early intervention for young siblings. Our work focuses on 1) providing multimedia resources and education for parents, relatives, service providers, and siblings themselves, 2) spreading awareness of sibling issues throughout the general population, and 3) providing programming to support young siblings, particularly through a lens of artistic expression <https://siblingcenter.org/>

Tags: sibling resources, early intervention, young siblings, disability awareness, artistic expression, family education, sibling empowerment

- **Video “Brothers and Sisters of People with Disabilities: Unique Concerns, Unique Opportunities” by the UC Davis MIND Institute** <https://www.youtube.com/watch?v=lrxrKaNplGw>

Tags: sibling experiences, disability education, unique sibling concerns, family support, UC Davis MIND Institute, advocacy, inclusion

Early Childhood Development & Education Support

- **Act Early Idaho** helps families and professionals monitor children’s development and identify concerns early. Monitoring children’s development is the first and most important step in identifying children who may need additional supports. <https://idahocdh.org/aei>

Tags: child development, early intervention, developmental screening, milestone monitoring, Idaho families, early childhood, special needs identification

- **Extended Resources for Younger Guests with Disabilities (Eagle Public Library)** is a variety of toys and kits available to check out for children with disabilities <https://eaglepubliclibrary.org/special-needs-2/>

Tags: adaptive toys, disability-friendly library, inclusive play, special needs kits, accessible resources, Idaho libraries, sensory tools

- **Idaho Empowering Parents Grant Program** provides eligible families with grant funds for use towards eligible education services and devices to help students recover from learning loss <https://empoweringparents.idaho.gov/>

Tags: education grants, Idaho families, learning loss support, special education funding, academic support, parent resources, K-12 funding

- **Idaho Partners in Policymaking** is an innovative leadership development program for adults with developmental disabilities and parents of children with disabilities. Partners receive information, training, resources, and skill-building so they may have the best possible life experiences for themselves and their children. The program was developed specifically to teach people with disabilities and families of young children with disabilities to work on long-term change, become active partners with policymakers, and understand possibilities and how to create them <https://icdd.idaho.gov/partners-in-policymaking/#:~:text=What%20Is%20Idaho%20Partners%20in,parents%20of%20children%20with%20disabilities>

Tags: disability advocacy, family leadership, policy training, empowerment programs, developmental disabilities, parent leaders, systems change

- **Idaho School for the Deaf and Blind** is a state-operated public school in Gooding, Idaho. It is part of the agency Idaho Educational Services for the Deaf and the Blind. It serves all qualifying residents of Idaho from birth to age 21 <https://www.iesdb.org/>

Tags: deaf education, blind education, special education school, sensory disabilities, birth-to-21 services, Idaho disability education

- **Idaho Talking Book Service (TBS)** is a free, convenient audiobook library service for Idahoans who are unable to read standard print due to low vision, blindness, or a physical, perceptual, or reading disability. The service is completely free for users, who receive titles by downloading them and/or having the materials (on cartridges) mailed directly to and from their residence at no cost <https://idahotalkingbooks.org/>

Tags: accessible reading, audiobook library, visual impairments, free books for disabilities, Idaho library services, reading support

- **Idaho Training Clearinghouse (ITC)** is a site that connects all Idaho educators and parents with hundreds of special education resources <https://idahotc.com/>

Tags: special education resources, Idaho educators, parent training, inclusive education, disability education, teaching supports

- **Libraries Linking Idaho (LiLI)** gives Idaho residents free access to 150 prime academic research and learning databases that include thousands of professional journals, reference materials, newspapers, and magazines <https://lili.org/about/>

Tags: Idaho libraries, research databases, free learning tools, academic resources, digital libraries, educational access

- **PACER Center** offers more than 30 programs for parents, students, professionals, and other parent organizations that address issues ranging from early childhood to assisting youth in making the transition from high school to work, parents on PACER's staff share their experiences and knowledge with others so that all children with disabilities may have a better future <https://www.pacer.org/>

Tags: parent advocacy, transition services, disability support, youth with disabilities, early intervention, national disability resources, education advocacy

- **Wrightslaw Idaho Yellow Pages For Kids** helps caregivers find educational consultants, psychologists, educational diagnosticians, health care providers, academic therapists, tutors, speech language therapists, occupational therapists, coaches, advocates, and attorneys for children with disabilities https://www.yellowpagesforkids.com/help/id.htm#google_vignette

Tags: special education services, disability professionals, legal advocacy, therapy providers, education consultants, Idaho disability resources

School Resources & IEP Formation

- **Idaho Parents Unlimited (IPUL)** offers information to help parents understand the Individualized Education Program (IEP) process <https://ipulidaho.org/education/specialeducation/iep/>

Tags: IEP process, special education, parent resources, disability advocacy, Individualized Education Program, special education support, Idaho parents, IEP navigation, special education guidance

- **Idaho Training Clearinghouse** has created resources and videos to help parents navigate the special education and IEP process <https://idahotc.com/Parents/page14423/1/size14423/6>
 - **Special Education Roadmap** <https://idahotc.com/Resources/File/RFFID/15609>
 - **What to Expect: IEP Meeting Video** <https://idahotc.com/Resources/View/RID/193>
 - **What to Expect: IEP Services Video** <https://idahotc.com/Resources/View/RID/760>

Tags: special education resources, IEP guidance, parent education, Idaho families, disability support, special education videos, IEP process, navigating special education, Idaho training for parents

- **Idaho Department of Education** has resources to provide parents and guardians with information on various special education topics and organizations in Idaho focused on providing tools and support to help families navigate the world of Special Education <https://www.sde.idaho.gov/sped/parents/>

Tags: Idaho Department of Education, special education support, IEP information, parent resources, disability services, Idaho parents, special education advocacy, special education organizations

- **JenEd** offers transformative education technology, family advocacy, and educator development that strengthens how schools support students. Their InnovatEd Student Support System helps streamline MTSS, SST, 504, and IEP systems into one collaborative platform—ensuring *coordinated, compliant, and consistent* student support. <https://www.jened.net/>

Tags: education technology, student support systems, MTSS platform, SST support, 504 plan coordination, IEP management, special education tools, school

advocacy, educator development, inclusive education, student success tools, educational equity, collaborative education platform, school intervention systems

Condition Specific Resources

- **American Cleft Palate – Craniofacial Association** is an organization of healthcare professionals who treat children with cleft lip and palate. Resources include fact sheets about treatment, emotions and social issues. Available in English and Spanish. <https://acpacares.org/>

Tags: cleft lip, cleft palate, craniofacial care, healthcare professionals, treatment resources, emotional support, social issues, family resources, Spanish resources, cleft care education

- **Brain Injury Association of Idaho** promotes awareness, understanding and prevention of brain injury through support, advocacy and education based on the expressed needs of persons affected by brain injury <https://biaid.org/>

Tags: brain injury, brain injury prevention, advocacy, education, awareness, Idaho brain injury, brain injury support, person-centered care, brain injury resources

- **Cerebral Palsy Toolkit** is a guide created to help families affected by cerebral palsy find support, cope with changes, and explore ways to set their child on a path to a bright future <https://www.levinperconti.com/birth-injury/cerebral-palsy/guide-toolkit/>

Tags: cerebral palsy, family support, coping with disability, future planning, special needs, cerebral palsy guide, support toolkit, childhood disability, cerebral palsy resources

- **CHARGE Syndrome Foundation** works to improve the lives of people with CHARGE syndrome locally, nationally, and internationally through outreach, education, and research. <https://www.chargesyndrome.org/>

Tags: CHARGE syndrome, rare diseases, outreach, education, research, support, global support, advocacy, families with CHARGE syndrome, disability resources

- **Conquering CHD** has a mission to “Conquer Congenital Heart Disease” through collaboration with patients, families, providers, and partner organizations, improving quality and outcomes, through education, support, research, and awareness. <https://www.conqueringchd.org/>

Tags: congenital heart disease, CHD awareness, heart disease support, patient advocacy, education, research, CHD families, CHD collaboration, heart disease prevention

- **Cure SMA** leads the way to a world where everyone impacted by spinal muscular atrophy (SMA) is empowered to lead independent, successful, and fulfilling lives. They strive to create a community where every individual is heard and feels welcomed. Cure SMA provides practical support programs for our community and advocates for their needs. <https://www.curesma.org/>

Tags: SMA, spinal muscular atrophy, patient advocacy, education, research, treatments

- **Cystic Fibrosis Center of Idaho** brings together a variety of specialists with expertise in the medical and emotional issues people with cystic fibrosis face. Our goals are to optimize the health of our patients and families through top-quality healthcare and education, and improve the quality and length of life for children and adults living with cystic fibrosis (CF). <https://www.stlukesonline.org/communities-and-locations/facilities/clinics/st-lukes-cystic-fibrosis-center-of-idaho>

Tags: cystic fibrosis, CF care, pediatric cystic fibrosis, adult cystic fibrosis, Idaho CF support, medical specialists, cystic fibrosis education, respiratory health, CF families

- **Cystic Fibrosis Foundation** help people with cystic fibrosis and their families get the tools and support they need to lead healthy lives today. The incredible strides we're making in research and drug development mean nothing if people with CF don't have access to the care and therapies they need. <https://www.cff.org/chapters/utah-and-idaho-chapter>

Tags: cystic fibrosis, CF foundation, CF care, research and therapies, patient resources, CF support, health access, cystic fibrosis education, advocacy, Utah, Idaho

- **Eastern Idaho Down Syndrome Family Connect** builds a positive connection between individuals with Down syndrome, their families, and Eastern Idaho. They do this by providing education, advocacy, support, and resources to help facilitate inclusion within the local community. <https://www.easternidahodownsyndrome.org/>

Tags: Down syndrome, Idaho Down syndrome, family support, advocacy, community inclusion, educational resources, Down syndrome education, Eastern Idaho, special needs resources

- **Epilepsy Foundation Idaho** has a mission to improve the lives of people affected by epilepsy through education, advocacy, research, and connection; and a vision that the 17,000 people in Idaho who are living with epilepsy or seizure-related conditions do not face their journeys alone. <https://www.epilepsyidaho.org/>

Tags: epilepsy, seizure disorder, epilepsy awareness, epilepsy support, Idaho epilepsy, advocacy, education, epilepsy resources, living with epilepsy, family resources

- **Friedreich's Ataxia Research Alliance (FARA)** focuses on resources and relationships needed to cure FA by raising funds for research, promoting public awareness, and aligning scientists, patients, clinicians, government agencies, pharmaceutical companies and other organizations dedicated to curing FA and related diseases. <https://www.curefa.org/>

Tags: FA, friedreich's ataxia, research, awareness, resources, awareness, advocacy, education

- **FSHD (Facioscapulohumeral Muscular Dystrophy) Society – Idaho** is part of the world's largest research-focused patient organization for facioscapulohumeral muscular dystrophy (FSHD), one of the most prevalent forms of muscular dystrophy. The FSHD Society has transformed the landscape for FSHD research, and is committed to making sure that no one faces this disease alone. <https://www.fshdsociety.org/connect/local-chapters/idaho-chapter/#>

Tags: FSHD, muscular dystrophy, genetic disorder, rare diseases, FSHD research, Idaho chapter, patient advocacy, muscular dystrophy support, FSHD education

- **Idaho Pediatric Cancer Coalition** offers resources for financial, emotional, and household support such as comfort items, cleaning, childcare costs, and anything else to alleviate the stress of dealing with a pediatric cancer diagnosis. <https://idahopediatriccancercoalition.org/>

Tags: pediatric cancer, childhood cancer support, financial assistance, emotional support, cancer care, Idaho cancer families, cancer diagnosis, pediatric oncology, family resources

- **Idaho Project for Children and Youth with Deaf-Blindness (ICYDB)** works to enhance the educational services provided to children and youth (birth through 21) with combined vision and hearing losses. They provide statewide technical assistance and training to support parents, service providers and agencies in meeting the educational needs of children and youth who are deafblind. <https://idahocdhd.org/cydb>

Tags: deaf-blindness, dual sensory impairment, special education, technical assistance, Idaho services, deafblind children, educational support, sensory loss, deafblind advocacy

- **Idaho Spina Bifida** supports and educates families and individuals in Idaho who are affected by Spina Bifida <http://www.idahospinabifida.org/>

Tags: spina bifida, disability support, spina bifida education, Idaho families, neurological condition, special needs advocacy, birth defects, spina bifida resources, healthcare education

- **Little People of America (LPA)** is a nonprofit organization that provides support and information to people of short stature and their families. <https://www.lpaonline.org/district-11-ak-id-mt-or-wa>

Tags: short stature resources, advocacy for short stature, support for little people, height diversity, genetic conditions support, family support

- **Muscular Dystrophy Association (MDA)-Idaho** is part of the #1 voluntary health organization in the United States for people living with muscular dystrophy, ALS, and related neuromuscular diseases. MDA's mission is to empower the people we serve to live longer, more independent lives. <https://www.mda.org/>

Tags: muscular dystrophy, neuromuscular diseases, ALS, MDA, Idaho MDA, muscular dystrophy support, research, patient empowerment, health advocacy, MDA resources

- **National Bleeding Disorders Foundation – Idaho** provides education, support, awareness, and advocacy for the bleeding disorder community <https://id.bleeding.org/>

Tags: bleeding disorders, hemophilia, clotting disorders, bleeding disorder support, Idaho bleeding disorder, patient advocacy, education, awareness, rare bleeding conditions

- **National Federation of the Blind** coordinates many programs, services, and resources to defend the rights of blind Americans, provide information and

support to blind children and adults, and build a community that creates a future full of opportunities. <https://nfb.org/>

Tags: blind advocacy, blindness rights, blind community support, blind education resources, blindness empowerment, accessible opportunities, blind inclusion, disability rights organization, national blindness resources, vision loss support

- **National Kidney Foundation of Utah and Idaho** aims to prevent kidney and urinary tract diseases, improve the health and well-being of individuals and families affected by these diseases, and increase the availability of all organs for transplantation. <https://www.kidneyut.org/>

Tags: kidney disease, kidney health, organ transplantation, kidney disease awareness, Idaho kidney care, urinary tract disease, kidney patient resources, dialysis, organ donation

- **Treasure Valley Down Syndrome Association** seeks to provide reassurance to new parents about tomorrow, to help celebrate today, and to teach and inspire – all while learning more about ourselves. We also work to create awareness around Down syndrome, so the whole community will accept and recognize the greatness we see in our loved ones. <https://www.idahodownsyndrome.org/>

Tags: Down syndrome, Treasure Valley Down syndrome, Down syndrome awareness, family support, community inclusion, advocacy, Down syndrome education, Idaho Down syndrome, parent reassurance

Medical Care, Therapies & Local Programs

- **Comfort Ability Program (Chronic Pain Adolescent Group) St. Luke's** is a brief psychological intervention for chronic pain education and symptom management for children with chronic pain and their parents <https://idahoap.org/pdfs/CAP-Flyer.pdf>

Tags: chronic pain, adolescent pain, pain management, pediatric pain education, pain therapy, psychological intervention, chronic pain support, child pain relief, family support, chronic pain resources

- **Lullaby Waters** is an outpatient occupational therapy clinic that utilizes aquatic therapy for the promotion of overall well-being. Their pools are warm and inviting and the lighting system allows for decreased visual stimuli. They feature a baby room that specializes in care for infant development – a cozy haven where parents can settle in and focus on their infant’s needs. Their therapists are nurturing and kind, ready to meet the needs of you and your child. <https://www.lullabywaters.com/>

Tags: aquatic therapy, pediatric occupational therapy, infant development, sensory-friendly, warm water therapy, parent-infant bonding, early childhood intervention, therapeutic pool, developmental therapy, sensory integration, occupational therapy, maternal health, pregnancy

- **Now I Can** is an intensive physical therapy that stands apart from other physical therapy centers in many ways, including the use of the Intensive Model of Therapy (IMOT). Our therapists treat patients 4 hours a day, five days a week for intensive sessions, Now I Can physical therapists design a tailored program for each patient to help them reach their greatest level of independence. Over the course of a three-week intensive session, children reach their goals and gain developmental skills as therapists have the needed time to use repetition and all the tools at their disposal to help kids meet their potential. It’s very common for patients to make more progress in three weeks of intensive therapy than they do in 12 months of traditional therapy! <https://www.nowican.org/>

Tags: intensive therapy, physical therapy, pediatric rehabilitation, IMOT, child development, therapy program, motor skills, developmental therapy, therapy goals, independence skills, intensive physical therapy

- **Saint Alphonsus Perinatal/Pediatric Advanced Care Team (PACT)** is a team of specialists from various backgrounds who are dedicated in helping families navigate unexpected birth outcomes or caring for medically fragile children. They aim to address the physical, emotional, psychosocial, and spiritual needs of families <https://www.saintalphonsus.org/services/pact>

Tags: perinatal care, pediatric care, advanced care team, medically fragile children, birth outcomes, family support, emotional support, psychosocial support, pediatric specialists, family-centered care, care coordination

- **Wrightslaw Idaho Yellow Pages For Kids** helps caregivers find educational consultants, psychologists, educational diagnosticians, health care providers, academic therapists, tutors, speech language therapists, occupational therapists, coaches, advocates, and attorneys for children with disabilities https://www.yellowpagesforkids.com/help/id.htm#google_vignette

Tags: disability services, educational consultants, special education, healthcare providers, therapy services, speech therapy, occupational therapy, educational diagnosticians, child advocacy, legal services, Idaho resources, support for children with disabilities

Getting There: Transportation Help

- **Access Paratransit by Valley Regional Transit** is a transportation service provided for people with disabilities who can't use the fixed-route bus system in the Treasure Valley area <https://www.valleyregionaltransit.org/accessibility/access/>

Tags: paratransit, accessible transportation, disability services, public transportation, transportation for people with disabilities, Treasure Valley transit, ADA compliant, mobility assistance, paratransit service

- **Air Care Alliance** is made up of qualified, non-profit charitable organizations that arrange free flights for individuals who need to travel long distance for medical appointments such as specialized surgery, pediatric specialties, clinical trials, etc. <https://www.aircarealliance.org/>

Tags: free flights, medical transportation, non-profit flights, specialized medical care, long-distance travel, clinical trials, pediatric care, medical flight assistance, volunteer pilots, travel assistance

- **Bluepath** is website that allows for people with disabilities to determine the accessibility of local businesses. Bluepath also connects local consumers and their families with local businesses who want to work together towards a more

accessible world by providing tools needed to identify barriers to accessing a business and their goods and services <https://blue-path.org/>

Tags: business accessibility, disability access, local businesses, accessibility tools, disability advocacy, accessible services, community support, inclusive businesses, barrier-free, accessibility ratings

- **LINC Idaho Magic Valley Transportation** makes transportation services available through a voucher-based program in the following counties: Blaine, Camas, Cassia, Gooding, Jerome, Lincoln, Minidoka, and Twin Falls counties. This program serves seniors over the age of 60 and individuals with disabilities. The program provides affordable and accessible on-demand transportation. <https://www.lincidaho.org/transportation>

Tags: transportation voucher, disability transportation, Magic Valley, accessible transportation, on-demand transportation, rural transportation, Idaho transportation services, local transportation assistance

- **Mercy Medical Angels** is ready to help you and your caregiver with transportation to life changing, life-saving medical care across the U.S. Request Assistance for transportation on the ground with gas cards, bus or train tickets or in the air with flights flown by volunteer pilots or the commercial airlines <https://www.mercymedical.org/>

Tags: medical transportation, volunteer pilots, gas cards, bus tickets, train tickets, medical travel, life-saving care, flight assistance, caregiver transportation, non-profit medical services

- **MTM Health, Idaho Non-Emergency Medical Transportation (NEMT)** arranges rides for eligible Medicaid members throughout the state of Idaho <https://www.mtm-inc.net/idaho/>

Tags: Medicaid transportation, non-emergency transportation, medical transportation, Idaho NEMT, Medicaid members, healthcare transportation, ride services, medical ride coordination, accessible transportation

- **Metro Community Services** is a non-profit organization that offers assistance to senior citizens, people with disabilities, and the economically-disadvantaged in Canyon County and surrounding areas. They are focused on promoting independence. Services include community services like transportation, and housing services <https://www.metrocommunityservices.net/>

Tags: senior services, disability assistance, transportation for seniors, community services, housing services, independence promotion, Canyon County services, economic assistance, non-profit support, transportation for disabled

Your Rights: Advocacy & Legal Support

- **Americans with Disabilities Act (ADA)** is a law that protects people with disabilities in many areas of public life. This website provides information, guidance, and resource materials that pertain to ADA among state and local governments as well as businesses <https://www.ada.gov/resources/?filters=>

Tags: ADA, disability rights, legal protections, accessibility laws, public life, equal opportunity, disability inclusion, state and local government, business compliance, resource materials, legal guidance

- **DisAbility Rights Idaho** provides access to legal protection and advocacy for individuals with disabilities <https://disabilityrightsidaho.org/>

Tags: legal advocacy, disability protection, disability rights, Idaho, legal services, advocacy for people with disabilities, disability law, rights protection, legal assistance

- **Fyidaho** is a program that is committed to improving, preserving, and restoring the mental health of youth and families (formerly known as Idaho Federation of Families for Children's Mental Health) <https://www.fyidaho.org/>

Tags: mental health, youth mental health, family support, children's mental health, Idaho, mental health services, youth advocacy, family advocacy, emotional wellness, youth services

- **Idaho CDHD** operates grant programs that provide training, services, and assistance for people with disabilities, families, professionals, and local communities across the state of Idaho <https://idahocdhd.org/AboutUs/aboutCDHD>

Tags: disability services, Idaho, training programs, community services, professional assistance, disability advocacy, local community support, grant programs, family support, disability education

- **Idaho Council on Developmental Disabilities (ICDD)** leads the way in our state in advancing issues that improve the lives of people with intellectual and developmental disabilities (I/DD) and their families by actively listening to all stakeholders, identifying and exploring emerging trends, and proactively reaching out to collaborate with a variety of leaders and organizations to develop effective solutions. The Council advocates with and on behalf of Idahoans with developmental disabilities by listening to their concerns and working to help them improve their lives by building service systems and natural supports that enable them to live lives of independence, responsibility, meaning, and contribution <https://icdd.idaho.gov/>

Tags: developmental disabilities, Idaho, advocacy, I/DD, independence, community support, policy development, disability services, family support, emerging trends, advocacy for independence

- **Idaho Legal Aid Services, Inc.** is a nonprofit statewide organization dedicated to providing equal access to justice for low-income people through quality advocacy and education <https://www.idaholegalaid.org/>

Tags: legal assistance, low-income legal aid, justice access, legal advocacy, Idaho, civil rights, legal resources, low-income families, nonprofit legal services

- **Idaho Parents Unlimited (IPUL)** offers training, webinars, and resources for parents of children with disabilities and special needs. They provide individual assistance to families, advocate for Idaho families impacted by disability, listen, and provide support <https://ipulidaho.org/>

Tags: parent resources, children with disabilities, special needs, Idaho, family advocacy, disability support, webinars, training, parent assistance, disability education, family advocacy programs

- **Idaho Partners in Policymaking** is an innovative leadership development program for adults with developmental disabilities and parents of children with disabilities. Partners receive information, training, resources, and skill-building so they may have the best possible life experiences for themselves and their children. The program was developed specifically to teach people with disabilities and families of young children with disabilities to work on long-term change, become active partners with policymakers, and understand possibilities and how to create them <https://icdd.idaho.gov/partners-in-policymaking/#:~:text=What%20Is%20Idaho%20Partners%20in,parents%20of%20children%20with%20disabilities>

Tags: leadership program, developmental disabilities, parents, Idaho, policymaking, advocacy, skill-building, disability rights, community involvement, family support, long-term change

- **Power Independent Living** is a campaign that is devoted to ending Idaho's direct care worker crisis. They advocate for more support of direct care as a sustainable career choice. They also have resources to find direct care, caregiver training, and family caregiver support <https://www.powerindependentliving.org/resources>

Tags: direct care workforce, caregiver support, Idaho, direct care, independent living, caregiver training, family caregiver support, workforce crisis, disability advocacy, sustainable careers

- **Wrightslaw Idaho Yellow Pages For Kids** helps caregivers find educational consultants, psychologists, educational diagnosticians, health care providers, academic therapists, tutors, speech language therapists, occupational therapists, coaches, advocates, and attorneys for children with disabilities https://www.yellowpagesforkids.com/help/id.htm#google_vignette

Tags: educational consultants, disability services, child advocacy, therapists, health care providers, Idaho, special education, educational resources, occupational therapy, speech therapy, legal services, educational professionals

Reading List

- *I'll Push You* by Justin Skeesuck and Patrick Gray
 - Amazon: <https://www.amazon.com/Ill-Push-You-Journey-Wheelchair/dp/1496421701>
 - Barnes and Noble: <https://www.barnesandnoble.com/w/ill-push-you-patrick-gray/1125140627?ean=9781496421708>
- *Out of My Mind (Book 1 of 3 in The Out of My Mind Series)* by Sharon M. Draper
 - Amazon: <https://www.amazon.com/Out-My-Mind-Sharon-Draper/dp/1416971718>
 - Barnes and Noble: <https://www.barnesandnoble.com/w/out-of-my-mind-sharon-m-draper/1100335280?ean=9781416971719>

- *Out of My Heart (Book 2 of 3 in The Out of My Mind Series)* by Sharon M. Draper
 - Amazon: <https://a.co/d/hGGoctw>
 - Barnes and Noble: <https://www.barnesandnoble.com/w/out-of-my-heart-sharon-m-draper/1138677651?ean=9781665902175>
- *Out of My Dreams (Book 3 of 3 in The Out of My Mind Series)* by Sharon M. Draper
 - Amazon: <https://a.co/d/iBj3ti3>
 - Barnes and Noble: <https://www.barnesandnoble.com/w/out-of-my-dreams-sharon-m-draper/1144788081?ean=9781665971102>
- *The Alphabet Soup Book: A Tool for Understanding Disability-Related Acronyms*
<https://ouhsc.edu/Portals/1154/EasyDNNnews/Uploads/4237/2023%20ABC%20Soup%20Final.pdf>
- For Siblings:
 - *View from our Shoes: Growing Up With a Brother or Sister With Special Needs* by Donald Joseph Meyer
 - Amazon: <https://a.co/d/f6LCvaE>
 - Barnes and Noble: <https://www.barnesandnoble.com/w/views-from-our-shoes-donald-joseph-meyer/1111914952?ean=9780933149984>
 - *Billy's Sister: Life when your sibling has a disability* by Jessica Leving
 - Amazon: <https://a.co/d/ilarrNd>
 - *Evelyn's Sister* by Luna Diaz
 - Amazon: <https://a.co/d/4llpqVg>
- **Reading Frame** is a website that consolidates books about living with various genetic conditions <https://www.readingframe.org/>

Tags: genetic conditions, books, genetic disorders, living with genetic conditions, genetic education, genetic awareness, resources for families, disability literature, genetic counseling, condition-specific resources

Tips & Guidelines for Caregivers

- **Emergency Preparedness for People with Disabilities** <https://www.lincidaho.org/emergency-preparedness>

Tags: emergency preparedness, disabilities, emergency plans, Idaho, disability resources, accessible emergency plans, disaster preparedness, individuals with disabilities, safety plans, emergency response

- **Glossary of Diagnoses and Terminology** <https://carryingtoterm.org/diagnosis-glossary/>

Tags: medical glossary, diagnoses, medical terminology, genetic conditions, genetic counseling, condition definitions, healthcare resources, genetic diseases, health information, patient education

End-of-Life & Hospice Care

- **Wildflower Intuitive Center** offers end-of-life doula support for children and families. Wildflower understands that families preparing for the loss of a child are going through a truly unique kind of suffering. Sometimes, that journey moves families into an early goodbye, and Wildflower provides a different kind of help. Wildlife offers holistic support at various levels including licensed clinical social work practitioner, college of medicine certified End of Life Doula, and medical Reiki master-level practitioner <https://www.wildflowerintuitivecenter.com/>

Tags: end-of-life doula, child loss, family grief support, holistic support, death doula, end-of-life care, medical Reiki, grief counseling, palliative care, child loss support

- **Compassion & Choices** is an organization that is dedicated to improving care, expanding options, and empowering everyone to chart their end-of-life journey. They provide tools, guides, and other resources for end-of-life planning

Tags: end-of-life planning, advance directives, palliative care, death with dignity, euthanasia, life decisions, end-of-life options, hospice care, dying process, empowerment in death

- **Funeral Consumer Rights in Idaho** summarizes your rights in making funeral arrangements, choices for disposition of remains, veteran and Social Security benefits, and the pros and cons of prepaying for a funeral <https://fcai.fortboise.org/docs/FEO-FuneralConsumerRightsInIdaho.pdf>

Tags: funeral rights, funeral arrangements, Idaho, burial rights, disposition of remains, veteran benefits, funeral prepayment, social security, funeral laws, funeral planning

- **Green Burial Council** helps individual learn more about green burial and how to find certified cemetery stewards, funeral professionals and funerary product sellers who share the commitment to create more sustainable after-death options for you, your community, and the planet <https://www.greenburialcouncil.org/>

Tags: green burial, sustainable funeral options, eco-friendly burials, natural burial, cemetery stewards, sustainable death care, funeral professionals, burial alternatives, environmental impact, sustainable after-death care

- **Let Your Love Grow** is the world's first patented, all-organic mixture designed to offset the natural toxicity of cremated ash and invite new life to flourish <https://letyourlovegrow.com/>

Tags: organic cremation, eco-friendly cremation, sustainable memorials, cremation ash, green burial, plant memorial, after-death care, cremation alternative, sustainable death care

- **National Home Funeral Alliance (NHFA)** nonprofit, all-volunteer organization that is the leading body of home after-death care support and education in the United States, with support abroad as well. NHFA publishes a home funeral guidebook that educates the public on how to care for their own dead at home. It can be downloaded on a pay-what-you-can basis, or readers can purchase a digital or hard copy. The guidebook includes checklists for how to plan a home

funeral, diagrams of how to perform at-home body care such as washing and shrouding, resources for creating customized rituals, and more <https://www.homefuneralalliance.org/home-funeral-guidebook.html>

Tags: home funerals, death at home, after-death care, funeral alternatives, home funeral planning, DIY funerals, body care rituals, shrouding, funeral education, end-of-life care, funeral planning resources

- **Recompose** is a green funeral home that specializes in human composting to transform your loved one's body into soil. The soil can be used to nourish gardens and plants, or to scatter across favorite places <https://recompose.life/>

Tags: human composting, green funerals, sustainable death care, eco-friendly burial, death care alternatives, green funeral homes, human composting process, burial alternatives, environmental death care, sustainable memorials

- **Return Home** is a company that exists to ensure families have access to gentle, inclusive, and transparent death care that continues the cycle of life. Their terramation (human composting) process gently transforms human remains into life-giving soil using only alfalfa, straw, and sawdust. They offer immediate need terramation service at no cost for children under the age of 18 <https://returnhome.com/>

Tags: human composting, terramation, green funerals, sustainable burial, eco-friendly death care, burial alternatives, child death care, life-giving soil, human remains, death care transparency

- **St. Luke's Pediatric Palliative and Supportive** offers an added layer of support for you and your child when you're dealing with a serious or life-limiting illness. We strive to build relationships that facilitate communication and coordination of care to help you and your whole family navigate medical care while managing the demands of daily life <https://www.stlukesonline.org/health-services/service-groups/pediatric-palliative-and-supportive-care>

Tags: pediatric palliative care, life-limiting illness, serious illness care, family support, medical coordination, pediatric hospice, end-of-life care, child health care, supportive care, pediatric grief support

